

# DAVID S. AMES

Past USJJF Board Member

Member, Referees Committee



David Ames is renowned as a teacher and competitor. He was a dominant force in his division during his competition years, and would probably have been world champion but for his love and dedication to teaching. It is important that each teacher continually study many fields beyond their own direct discipline, but this study can interfere with the single-minded practice required to attain the world championship.

Ames holds advanced grades Kwanmukan, World Karate Federation, Pan American Karate Union, USA Karate Federation, Global Martial Arts Association, Korean Chang Moo Kwan Taekwondo Association, Kwanmuzendokai International, US Ju-Jitsu, and the Central Taekwondo Association.

As a competitor he has been 1978 AAU Athlete of the Year, USAKF, Ranked in top 6 light weight kumite 10 years, Past President, Akron U Karate Club, 1993 Coach Junior Pan American Championships, Coach - USA World Team, Junior and Senior, Champion of the Central Taekwondo Association, Member of the USA Karate Federation World Team, and Pan American Union of Karatedo Organization Kata Champion

Ames and his wife and children live and work in Akron, Ohio, and he is the Head Master, Cuyahoga Valley Center for the Martial Arts

Education: Firestone High School 1975, The University of Akron 1978, Associate Degree Sales and Merchandising

Employment: Owner/Operator Cuyahoga Valley /David Ames Center for the Martial Arts

## **Martial Arts History:**

- Karate inception 1976
- Began at Ohio University Karate club January 1976 Greer Golden
- Transferred to Akron U. Fall of 1976 entered Akron U. karate club
- Primary teacher Mr. George Anderson 10th Dan
- KwanMuKan Karate, HachiDan (8) 2002

## **Other Martial Arts Grades:**

- ShoDan (1) USJA Judo
- YonDan (4) PanAmerican Union of Karatedo Organization
- RokuDan (6) Kobudokan
- RokuDan (6) Dragon Wah Lim Association (Kung Fu)
- RokuDan (6) World Karate Federation
- ShichiDan (7) United States Ju-Jitsu Federation
- ShichiDan KwanMuKan Karate (7)

- HachiDan (8) ChangMuKwan TaeKwonDo

**Competition Record:**

- AAU Athlete of the Year (district) 1978
- Advanced District Kata Champion 1979-1984 1986-1991
- Advanced District Weapons Champion 1979-1991
- Advanced District Kumite Champion 1979-1990
- Central TaeKwonDo Grand Champion 1990
- Member of the United States National Team 1984-1992
- Coach of USA National Team 1988-1992
- 1984 Pan American Kata Champion
- 1985 Gold Medal Kumite Goodwill Games Dominican Republic
- 1985 Silver Medal Kata Goodwill Games Dominican Republic
- 1986 Team Member to Ibutz World Games Budapest, Hungary
- 1987 Bronze Medal Goodwill Games Canada
- 1989 Bronze Medal North American Cup Individual Kumite
- 1989 Bronze Medal North American Cup Team Kumite
- 1989 Silver Medal Kata Costa Rica Olympic Festival
- 1989 Bronze Medal Kumite Costa Rica Olympic Festival
- 1989 Bronze Medal Team Kumite Costa Rica Olympic Festival
- 1989/1990 Gold Medal Kumite Atlantic League Regionals USAKF
- 1991 Silver Medal Kumite Atlantic League Regionals USAKF
- 1989/1990 Silver Medal Weapons Atlantic League Regionals USAKF
- 1989-1991 Bronze Medal Kata Atlantic League Regionals USAKF
- 1990/1992 USA Team Trials 4th

**National Record:**

- 1987 4th Open Kata
- 1992 3rd Mandatory Kata
- 1990 2nd Kumite
- 1991 2nd Kumite
- 1992 2nd Kumite
- Ranked in top 6 light weight Kumite for 10 years
- 1978 Akron u. Club President
- 1988 Coach USA Junior National Team to Japan 1 Month duration
- 
- 1993 Coach Junior Pan America Championships
- 2nd Team Kumite Male
- 2nd team kata Female
- 1st Team Kata Male
- 4th Team kumite Female
- Past Member Board of Directors USJJF
- USJJF Athletes Advisory Committee Chairman
- USAKF Athletes Advisory Committee
- UASKF National A Referee License
- Shihan Kwanmuzendokai International