

## ***Larry Overholt***

**Past Member – USJJF Board of Directors**

**Member – US Ju-Jitsu Masters Caucus**



Shihan Overholt is a retired sheriff with over 30 years in Law Enforcement and in the Martial Arts. He is a 8th degree black belt in Karate Taekwondo, Taiho Jutsu and 7th degree black belt in Ju-Jitsu.

During his law enforcement career, Shihan Overholt has attended over 100 schools and including dangerous fugitive apprehension at the Federal Law Enforcement Training Center in Georgia Also a graduate of the National Sheriffs Academy, Alexandria VA. He has taught self defense to law enforcement officers and basic training and corrections institutes. He ran a Peace Officers Training Academy and was School Commander. He is the Chief Instructor for the Ashland Kwanmukan.