

WJJKO

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JU JITSU NEWS Kai-shi

Monthly Bulletin May 2018 by co founder of the "Wjjf/Wjjko 1976" HQ Via Sismondi 22, 20124 Milano Italy, +39 335220954, wjjko@publicationspromotion.it CONTAINS

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From family to family

Tarvisio Udine 28-29 April 2018

The Sense of the "devotion to duty " which Japanese call "giri" is something better than "kangi" the which represents It.



"A man is as good as his word. Because in his words there are values, signs and his heart.

And if in his word there are not facts, he is not a man!

I promised in e (2015) traveling with Suysheki Shihan (kenjutsu), Angelo Balconi to organize a "memorial" to remember sô shihan Eiji Ogasahara (1935-2011). And so it has been!

I invited the entire family, with Shihan Iwasa Sei - today Kenshukai vice president who I brought from Japan in 1993 and which is now stable in Italy -, we tried to improve my / our "giri"

The Japanese Delegation

With the presence of the family: the widow Kimiko Ogasahara today soke Kenshukai; Reiko Nakamoto (Ogasahara's daughter) with her husband Koichiro Nakamoto and daughter Yuko Nakamoto (Ogasahara's nephew), Master Yoshio Ietsune 7th dan current president Kenshukai.

I'll be back in Japan soon ... the "laps" on one side and on the other is not yet finished!

Shike Gs Bertoletti



The island of the smile (Bali)

June 5, 2018. I visit Steve Reginald Pritlove at Jimbaran Hill Activities Valley in Bali. So far, I have only contacted Kancho Steve Pritlove through Face Book. I enter the dojo and the Kancho gives private les-

Boxing part. I immediately see that the Kancho is an expert. The punch starts with the foot and explains the whole body. The whole body, including the hip, turns in. As the son of a boxer and boxed myself, I immediately see that he is a connoisseur and expert.

After the training we drink together, as befits a good Englishman, an English cup of tea with Sem par

And our passion and love about Budo burns loose. We are on the same wavelength, old school.

The Kancho started with budo at his 9th year, with judo. He would later become 14 times military champion of the UK. He also trained for 6 months in the Kodokan in Japan. He has had many sensei's. It is important that you are authentic and once you have achieved the black belt you have developed your own style. As in Latin, imitatio (the imitation of your teacher), translatio (translating your teacher's style to yourself) emulatio (turning it to the crown, developing your own signature, becoming a teacher).

Regularly Ju Jitsuka's says I throw like a Jutsika and I kick like a Jutsika, but we both think that does not exist. You should, for example, throw as a judoka and kick / kick as a karateka.

The Kancho has served in the military. He did a lot of security work in prison, for film stars and even for a princess, the daughter of the Sultan of Bru-

The Kancho is a complete budoka and lives like a samurai. The way of the Bushido.

Here are some of the most important budo principles in random order:

Junanshin Zanshin Kiai Kime Muga Mushin Ri-ai Metsuke Ma-ai Shisei Sei to do Yoyu Kan ken Misogi Fudoshin Shu ha ri

But also respect, harmony, love for the Budo and those who practice it.



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The Budo principles are just as important as the 10 commandments of the Bible says the Kancho.

Furthermore, we talk about the pursuit of dan grades. We believe that a belt firstly serves to keep your gi together. The practice must concern the way of life and the love and passion for the practice. Develop yourself. The Kancho also teaches children a lot and he also learns from them every day. A little better every day. Develop yourself, humility.

The Kancho got his title and 8th dan awarded by Bruce Haynes, a big name in the Budo world. A great honor.

For both the Kancho and myself, the Budo has been extremely important alongside God. It does not survive.

We can talk to each other about Budo and life for days. We said hello to each other with the words "we must have the same father". In the coming period we will investigate to organize a large Ju Jitsu seminar in Bali in 2019.

It was a great honor for me to be able to speak with this unique personality.

Dirk Klok

Chairman IMAF The Netherlands, Chairman WJJF-WJJKO The Netherlands, Secretary-General WJJC, Technical Director Nihon Ju Jitsu, 8th dan Nihon Ju Jitsu, $7^{\rm th}$ dan Tai Jitsu, 5th dan Aiki Jitsu, 4th dan Judo, 2nd dan Karate, 1st dan Ken Jutsu

In the shadow of the Torrazzo

Cremona 10 June 2018

Torrazzo, the Cathedral 112m high has another privilege the "Kodokan" created by Giorgio Sozzi (1941/2012) where the ju jitsu Wjj Italy stage was

The city of violin makers, which contains 2 Stradivarius (1644/1937) and the



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held at the end of the 2017/2018 sports year.

In the period 78/82, from this city of Lower Padania started the promotion of jujitsu made in Wjjf, proposed by Soke Robert Clark (1946/2012). The merit of this trampoline, Giorgio Sozzi judo master, councillor of Filpjk, journalist and martial artist.

Scotland (1986) at our Congress and where, the patron Evan John Murray Mac Gregor the head of the clan Mac Gregor - the clan of the legendary Rob Roy (Robert MacGregor 1671/1734) called "the bandit of Scotland" where Soke Clark and I were crowned barons" 1st March 1986 - and for these ac-













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tions in favour of the jujitsu he was invited and to follow one of his lessons in the old dojo of Liverpool. Sozzi had done much more than promoting jujitsu; he succeeded with Franco Capelletti (class '38 and today 10 ° dan for the Ijf) to let the jujitsu enter the Olympic federation, recognizing the judo shodan to the instructors.

Scotland is also home to another George, Kerr (class '37), also him 10th dan Ijf who in 1976, just in Cremona, was invited by Sozzi and to Brescia by Capelletti. Who would have imagined that the two Kerr and Capelletti would have become 10 dan?

The concomitances! And I believe in concomitances.

Thus the idea was born to dedicate our seminar Wjj Italy in the "memory of Giorgio Sozzi".

With us, well-known personalities to whom: Franco Capelletti delegated by the President Domenico Falcone, and chairman of the judo / kata Commission, who sees me as secretary; Ivana Barioli, Luciano Manara, Pino Tesini and Franco Pelacchi, Franco Penna.

The complete Italian shihan kai (Gianfranco Camerini, Mirko Di Cristofaro, Stefano Draghi, Giancarlo Koliotassis with David Gobbi and Lorenzo Milano), or almost, has done a good job that will be the basis for a more rosy technical-organizational future in Italy.

Shike Gs Bertoletti

Empower

Kaicho David Toney, of WJJF Ireland has developed a new Instructor's course to qualify his coaches to train in Self Defence and Personal Protection. The course, which is a module to enhance Ireland's current Coaching



Programme, gives our current coaches a specialist award in either Self Defence Trainer, Senior Instructor or Master Instructor.

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A total of 25 coaches were qualified at the first ever training course for 'Empower' held in 'The Dojo' Head-quarters for Ireland.

The programme was then launched with a free course for local women at which there were over 80 attendees, managed by the newly trained team. The day was a huge success and this has been followed quickly by several courses within local clubs all over the province.

WJJF Yawara (Senseis Adrian & Michelle Eakins) have teamed up with Women's Aid in their area to provide a fund-raiser course, along with very useful practical skills, and sound advice. Omagh Ju-Jitsu (Sensei Michal Varga) is currently running his first set of workshops and The Dojo's own Sensei Danuta Smolinska & Sensei Leona McKee have just completed their first 6 week Empower Self Defence course for women in headquarters.

The fantastic news for us, in the latter instance – is that we have acquired 6 new female students to our regular adult Ju-Jitsu classes in the centre, proving that these classes work as an excellent feeder to our mainstream martial arts classes.

Regardless of this additional success – Empower's tag line is 'Protect what you love' and all those taking part are certainly benefiting from the skills learned. WJJF Ireland likes to give a little back to the community and if this new initiative only helps one woman guard herself from a potential attack or defend herself in a difficult situation - it will be well worth it.

Anne Toney, WJJF Ireland



Another eventful weekend at WJJF Ireland headquarters!

One of America's top 100 fitness professionals and a favourite of our own Kaicho David Toney, Steve Maxwell, ran two well-subscribed courses: Jujitsu for Life seminar on Saturday and Body Weight Exercises on Sunday. The course goers, both coaches and students alike, learned how difficult "a simple" exercise can be. Huge thanks to Steve for sharing his programmes at the weekend.







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"Jujitsu for Life"

If you really want to learn, listen to someone who's lived through it all and came out the other side, in better shape than many men half his age. On this occasion we are not talking about our dear Shike, although the same description fits!

Much like "a dog isn't for Christmas, it's for life"- jujitsu is not just for a day, a month, a year; jujitsu is for Life and thanks to this course, those who participated, are better equipped to keep training well in to their later life. WJJF Ireland sees these courses as very much an investment for the self and recommends them to all coaches to extend their knowledge and give them tools for keeping themselves in shape for many years to come in the martial arts field.

Wjjf Kinds grappling Competition

On Sunday 13th May WJJF Ireland held their latest Junior grappling competition. This event is well supported by our clubs from all over the province and each time it improves with competitor numbers, skill and atmosphere.

We want to thank Master Lyle Gawley for his fantastic work as head of the Grappling committee since its inception. He has brought it to a fantastic stage but is resigning this position to ensure he has enough time to concentrate on his priority which is his family. Lyle, along with all his WJJF Fermanagh group of clubs will still remain a very

Last two are Lyle Gawley with family







active part of the Grappling Section of the organisation, whilst Master William Watson of Lurgan & Tandragee clubs will step up to hold the lead role on the commitee. We have faith that the same excellent work will be carried forward in very capable hands.

Well done to everyone participating in these competitions, from the WJJF Ireland Grappling Team!

And then William Watson the new head of the Grappling Committee

Wjjf Ireland National Gradings

Every three months the organisation in Ireland holds two National Gradings, for students from around the province to test for their advanced grades: Blue - Brown belts.









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June's gradings were successful as always, with a fantastic standard of student. Well done to all our Ireland coaches for prepping their students so well, and thanks also to all those on the Examining team who volunteered their time on what was an unusually sunny couple of days for our country – and when most people would have preferred to be making the most of the great weather!

Exams dan Wjjf

We had the dan grading at the Judo Budo Bellinzona for the Wjjf Bellinzona (2/5/2018), under the direction of the shihan Enrico Zanti (6° dan ju jitsu, 5° dan judo) these passed the exams: Mario Sgroi 3° dan, Fausto Tonoli and Patrick Ramond (mission because of job) 2° dan. In addition we have granted the 1° dan to Osvaldo Pirola already 3° dan of judo, with his 85 years (Born on the 4/12/1933) he is always active both for judo & for jujitsu. Osvaldo Pirola began to practice judo in 1962.







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Mario Sgroi, Fausto Tonio (Pratrick Ramond missing) with shihan Enrico Zanti

From the feeling of the professor Jigoro Kano (1860/1938)

The black belt exam is a ritual that, if well managed, helps the student to get a conscience of himself.

The ritual: in the school of ju jitsu, the important steps of progression were recognized and these facts influenced the formation of the expert.

The episode in which the young Kano discovered the strategies called the "six directions of imbalance" (report in the form of the throws) that allow him to overcome the master Iikubo: - receive the authority of the school. "I confided to my master that I discov-



ered a reaction from the partner to apply the technique and he recognized the truth and, by saying that now he had nothing more to teach me, he invited me to continue the search with the young people of my time. From that moment he stopped making randori with me, but I received from him the teaching of the kata.

A few days later he gave me the diploma of the Kito school, the densho and the relics in his possession, so I received the authority of the tradition.

To outline the importance of the ritual, the myths tell about experts who were formed with the hermits of the woods, or with warlike demons. I would not like to comment on these stories, but there is no doubt about the great difference between before and after the recognition of the acquisition of the main theory ".

In the school the rite could be the passing of the final exam, or degree.

Osvaldo Pirola at the moment of the delivery of the diploma

Osu Oshi Shinobu

Multiple meanings of OSU: Carry endurance, Bring endurance, Proceed endurance, Positively understood, Yes indeed, Hello, Good evening, Good morning, Good afternoon or Good bye

The word "Osu " is used for greetings among the true martial artists (Bujutsu-ka) in Japan. When we say "Osu", the voice is come from the Tanden (Center of motion & consciousness) area and Shita-Hara (Lower abdominal) area. The accurate, precise & high quality translation provided by Harunaka Hoshino / The Japanese language expert, historian and antique Japanese sword expert since the spring of 1973.

Day training

Lourdes & I are looking forward to joining our Friends in Spain for an Excellent Day of Training..!!



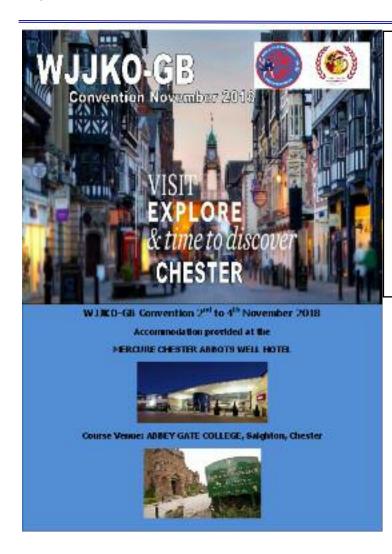






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Accommodation

Rooms have been reserved in the Mercure Chester Abbots Well Hotel. The Hotel is a 4 star hotel to sted approximately 2.5 miles (40m) from the Chester City centre.









The COURSE on Sacurous 3th November will be held at the Sports Hall at

ADDEY GATE COLLEGE, Saighton, Overlay, approximately Similar (Skin) from the hotel.







WJJK 0-GB Convention Package details:

Package includes accommodation for the nights stated with breakfast. Informal welcome reception Friday Prosection 5, canages Saturday evening Gala Dinner Saturday evening

Transfers to and from events

For those training, course expenses are covered in the package

- 2 Nights, Friday 2rd and Saturday 3rd Double/Twin room £270 per person.
- 2) 2 Nights, Friday 2rd and Saturday 3rd Single room £290

A one night package is also offered to include:

Accommodation on Saturday night 3rd November with breakfast (NB this may be at an alternative hotel depending on availability)

Prosecco reception 8, canapes at the Mercure Hotel Saturday evening. Gale Dinner Saturday evening.

For those training Course expenses are covered in the package

- 1) 1 Night, Saturday 3rd Double/Twin room £170 per person.
- 1 Night, Saturday 3rd Single room £190

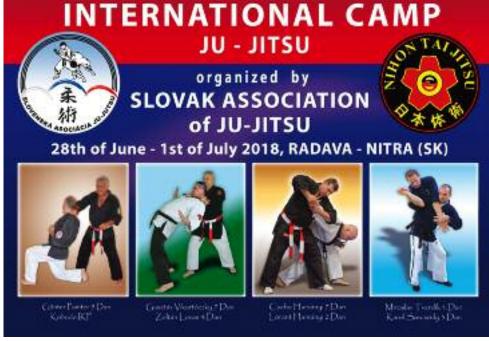
 \boldsymbol{F} you require extra nights or a different type of room please state on the booking form.

International Calendar

22-29 July Summer Camp Koden Enshin Ryu (Bulgaria)

2-5 August Meeting in Hungary 13-14 October (France) Stage ju jitsu 3-4 November (Uk) Convention Wjjf

10-11 November Russia Stage ju jitsu









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