



\_\_\_\_\_ Existing Ju-Jitsu or Judo Rank without Credentials  
\_\_\_\_\_ Best Qualified Ju-Jitsu or Judo Rank  
\_\_\_\_\_ Other (Explain)

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### **Ju-Jitsu or Judo Activity Record**

(Complete since starting Ju-Jitsu or Judo study or last rank credential)

1. Explain: Time, Location, and Consistency of Applicants Training

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(Use additional sheet if needed)

2. If for higher grade. Explain: Time, Location and Consistency of Applicants Teaching

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(Use additional sheet if needed)

3. Explain the "Specific Elements" of the system of Ju-Jitsu or Judo that the applicant has studied. (i.e. Kata, Free-Sparring, Weapons, Self-Defense, Philosophy, etc)

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(Use additional sheet if needed)

4. Number of clinics (or institutes) or competition events hosted / conducted

Local Events \_\_\_\_\_  
National Events \_\_\_\_\_

5. Number of camps hosted / conducted

Local Events \_\_\_\_\_  
National Events \_\_\_\_\_

6. Time served as Head Instructor \_\_\_\_\_

7. Time served as an Assistant Instructor \_\_\_\_\_

8. Number of clinics or camps attended \_\_\_\_\_

9. Any special certification(s)? (i.e. Referee, Instructor, etc) \_\_\_\_\_

10. Other significant Ju-Jitsu or Judo activity \_\_\_\_\_

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**Additional Endorsements**

Comments by Additional Endorsing Official \_\_\_\_\_

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Signature of additional endorsing officials

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Printed name, rank, and membership number of official

**USJF Processing**

Please send USJF credentials to (circle one): Instructor/Examiner | Applicant

Reserved for USJF National Headquarters

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