

Michael Dunphy, Ph.D

Past Member - USJJF Board of Directors

Member – US Ju-Jitsu Masters Caucus



Dr. Dunphy was born in Cuyahoga Falls, Ohio in 1957. His family, parents and three siblings, lived in Akron, Ohio, and he attended Hoban High School from 1971-75, graduating with high honors (GPA 4.2/4.5). An avid athlete, Dunphy participated in wrestling, track, tennis, handball, weightlifting, cross-country and basketball. He starting martial arts in 1971 at Hoban under Harry Howell, a black belt with Il Joo Kim, a practitioner of Song Moo Kwan (Korean Shotokan) under Ro Byung Jick. The program at Hoban lasted about 8 months, and then Dunphy joined with Park, Kiel Soon. Mr. Park was a respected Judoka, and was teaching both Judo and Taekwondo in Copley, Ohio. Although Dunphys training in the early years was primarily Taekwondo, Mr. Park integrated a considerable number Judo and Jujutsu techniques and methods into the Taekwondo curriculum, and so ukemi waza, nage waza and newaza, atemi waza, kansetsu waza and more were part of Dr. Dunphys early martial arts education.

In September 1975, Dunphy left Akron and Mr. Parks dojang to attend Walsh College on an academic scholarship to major in Chemistry. Dr. Dunphy continued training and teaching at Walsh College by starting the Walsh College Martial Arts Club, and training regularly with local martial artists. While at Walsh, Dr. Dunphy maintained his high academic standards, participated in various sports, served a student government President and even was hired to teach undergraduate chemistry labs as a senior. In addition to Taekwondo, judo and jujutsu training, Dr. Dunphy began training in Kobudo, gaining considerable proficiency with rokushaku bo, nunchaku, tonfa, sai and kama. He graduated magna cum laude in 1979 from Walsh College with his B.A. in Chemistry, accepting a full academic scholarship and teaching assistantship to pursue a Masters Degree in Clinical Chemistry at Youngstown State University. During the 1970s Dr. Dunphy competed in various tournaments throughout Ohio, and trained regularly with his students and other local martial enthusiasts.

While at YSU, Dunphy met Joe Bonacci, a Youngstown police officer and practitioner of Okinawan Shorin

Ryu Karate and Okinawan Kobudo. Bonacci Sensei had started the YSU Martial Arts Club earlier that year, and Dr. Dunphy was immediately asked to help teach and promote the club. During this time, Dr. Dunphy travelled to many tournaments winning in kumite, kata and weapons regularly. It was during late in 1979, that Dunphy met Mr. George Anderson in Youngstown at a police seminar that Bonacci had invited Mr. Anderson to present. As Dr. Dunphy would be moving back to the Akron-Canton area, he asked Mr. Anderson if he could join the Kwanmukan, and Anderson Sensei gladly accepted.

In January of 1981, Dr. Dunphy had completed all of his coursework for his masters degree, (3.9 GPA) and chose to complete his research in Canton, Ohio as the head of toxicology at Timken Mercy Medical Center. From this point forward, Dunphy trained directly with Mr. Anderson in Karate, Kobudo, Judo and Jujutsu at the main dojo in Kenmore. He also began teaching as a part-time instructor in Chemistry at Walsh College, and completed his masters research in 1982, graduating with a commendation from the Dean of Arts and Sciences for a superior thesis. In 1982, he met Gail Ellen Penrod, whom he married in April 1983. During this same year, Dunphy competed in the AAU nationals in Cleveland, Ohio and earned a spot on the USA National Karate Team in kumite. In 1984, Dunphy was selected to compete in the WUKO world championships in the 75 kilo division along with Dale Beam. After losing a heartbreaking 6 to 5 match in his quarterfinal bout, Dunphy finished 9th overall (out of 70), and qualified to participate in the 1985

World Games in London. Fighting with broken ribs, Dunphy finished 7th in the world in kumite. During the same time period, from 1980 forward, Dunphy earned both an AAU and a USAKF national referee license in kata and kumite. He continues to referee regularly.

In the early 1980s, Dr. Dunphy met John Viol, a resident of Michigan, who served 3 extensive terms as uchi deshi in Japan in classical sogobujutsu. Over the past 20 years of connection with Mr. Viol, Dr. Dunphy has extensive training in Toyama Ryu Batto Jutsu, Yagyu Ryu Jujutsu, classical bujutsu, classical kakushibujutsu, and other aspects of the rich warrior heritage of Japan. Currently Menkyo Kaiden Sogobujutsu (Seishinkan), Viol Shihan operates the Seishinkan hombu dojo in Rochester Hills, Michigan and serves as the US representative for the All Japan Sogobudo Federation, the All Japan Bujutsu Federation and many others. Dr. Dunphy has had many years of involvement in classical warrior training, and consequently is at home in either the traditional dojo or in the world of sport competition.



During the late 1980s Dunphy continued to train in Karate, Kobudo, Jujutsu at the hombu dojo with Anderson Hanshi, compete, and do research in the martial arts. In September 1985, Dunphy was hired as a full time Instructor in Chemistry by Walsh College. That same year, he began his doctoral studies in biochemistry at the University of Akron, under Dr. Daniel Smith, a Cal Berkeley graduate in the lab of Paul Boyer. Dunphy also served on the USA Karate Federation and medical committee, athletes advisory committee and the referee corps. In 1988, he and Gail had their first child, Lindsay, with their son Christopher being born in 1991. In 1989, Dunphy and a friend and colleague, Jerry Andrea, opened the Cuyahoga Valley Karate Center in Akron where Dr. Dunphy taught Karate, Kobudo, and Jujutsu. Dunphy had been maintaining the Walsh College Martial Arts Club since 1975, and this was his first commercial dojo. Dunphy and Andrea worked together until 1991, when Dunphy relocated to North Canton at a facility closer to Walsh College. In September 1991, Dunphy opened the Center for the Martial Arts in North Canton which is currently flourishing and has branches in three locations.

In 1990, Dunphy Shihan traveled to Copenhagen, Denmark with George Anderson Hanshi to the International Ju-Jitsu Federation annual congress. Anderson Hanshi and Dunphy Shihan secured the membership of the US Ju-Jitsu Federation into the IJJF. Dr. Dunphy was appointed the first President of the USJJF and Mr. Anderson assumed the position of IJJF Commissioner and Technical Director of the USJJF. In 1993, Dunphy and one of his students, Daniel Passerini, competed as the first US mens duo kata team in the IJJF world games in Denmark. Dunphy continues to serve the USJJF as a member of the technical board, on the Board of Directors and as National Duo Coach.

After the birth of his son, Dunphy curtailed his international activities and focused his energies at home and in his dojo. Since 1991, the CMA north Canton has gained a reputation as an outstanding resource to the Stark county and surrounding communities. Not only does the CMA offer a variety of outstanding martial arts classes in Karate, Bujutsu, Jujutsu, and Kenjutsu, but Dr. Dunphy has pioneered the development of unique educational martial arts programs for young children and for those with special challenges like Attention Deficit Disorder (ADD/ADHD), Oppositional Defiant Disorder (ODD) and other behavioral disorders. Dr. Dunphy's work with children has been lauded by local school boards, child psychologists, school counselors and pediatricians. He is a frequently invited speaker and lecturer. Dunphy has appeared on the Emmy Award winning Newtons Apple program (The Physics of Karate) and he has authored two books, Inspiring the Teacher Within, DLC Press 1997 and The Kids Book of Karate, Workman Publishing, 1999. With several other books in the making, Dr. Dunphy also writes for American Samurai Magazine and regularly publishes articles and essays on the martial arts. In May 1999, Dr. Dunphy chose to reduce his full-time tenured appointment as Professor of Biochemistry and Chairman of the Department of Natural Sciences

at Walsh University, to an adjunct faculty position so he could pursue his full-time work as a professional speaker and seminar facilitator with his company, Cutting Edge Resources Group. He is an active Shihan of the Kwanmukan with George E. Anderson Hanshi, and he continues to teach and train every week at his dojo in Canton, Ohio. He resides in Stow, Ohio with his wife Gail and his two children.

EDUCATION

- Ph.D., University of Akron (1991): Biochemistry
- M.Sc., Youngstown State University (1983): Chemistry
- B.A., Walsh University (1979): Chemistry

PROFESSIONAL BACKGROUND

- President and CEO, Cutting Edge Resources Group, LLC, 1999-present
- Professor of Biochemistry, Walsh University, 1985-1999
- Chairman of the Department of Natural Sciences, Walsh University, 1990-1999
- Director, Walsh University Martial Arts Club, 1975 - present
- Executive Director, Center for the Martial Arts - North Canton, 1991- present
- Vice-Chairman, USA Karate Federation National Medical Committee, 1987 - present
- Board of Directors, US Ju-Jitsu Federation, 1990 - present
- 7th Dan Karate, 7th Dan Jujutsu, 7th Dan Changmookwan TKD, 7th Dan Kobudo

MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

- USA Karate Federation (Life Member #35)
- United States Ju-Jitsu Federation (Life Member #0008)
- United States Judo Association (Life Member #6645)
- American Chemical Society (ACS), 1985-present
- American College of Sports Medicine (ACSM), 1986-present

MARTIAL ARTS RESEARCH INTERESTS

- Applications of the Martial Arts to Childhood Developmental Problems
- History & Technical Development of Martial Arts
- Biochemistry & Biomechanics in the Martial Arts
- Optimizing the Teaching of Martial Arts Principles
- Sogobujutsu and Authentic Warrior Applications of Martial Technique

A CHRONOLOGY OF MARTIAL ARTS INVOLVEMENT (HIGHLIGHTS ONLY)

- 1975: Founded the Walsh College Martial Arts Club
- 1979: Co-founded the Youngstown State University Martial Arts Club (with Joe Bonacci Sensei)
- 1983: Member of Lake Erie National Championship Karate Team, Cleve., Ohio, Won AAU All-American Status
- 1983: Earned USA Karate Team status in kumite
- 1984: Attended the First WUKO Technical Congress at the University of Akron
- 1984: Defeated Chinese National Team Captain in San Diego and earned position on the USA World Championship team, and placed 9th of 75 in 75 Kg kumite division in the WUKO World Championships in Maastricht, Neatherlands
- 1985: Placed 7th in the World Games in London, England, Traveled to Dominican Republic for Tour

- 1985: Developed and offered College-level course in Classical Martial Arts at Walsh College (PE 109N)
- 1986: Earned National Level Referee's License in kumite and Kata USAKF
- 1987: Attended USOC Coaches education conference in Chicago
- 1987: Earned PUKO Referee's License in kumite, appointed to USAKF National Medical Committee
- 1988: Presented lecture on ergogenic aids and drugs at WUKO Medical Congress at Long Island University in Brooklyn, NY
- 1989: Awarded Sensei title by Hanshi G.E. Anderson and the board of the KMK
- 1989: Attended First PUKO Medical and Technical Congress at Long Island University in NY
- 1989 Attended the First USAKF Master's kata seminar (Arakawa, Kawakami,) at the Hombu, traveled to Colorado Springs (USOC Training Center) to train with the USA Karate Team and collect data for the medical committee
- 1990: USA Delegate to International Jujitsu Federation Congress, April 20-22 in Copenhagen.
- 1990: Hosted the Egyptian National Karate Team (35 people) at Walsh College
- 1991: Opened the Center for the Martial Arts-North Canton, developed the Children's Educational Martial Arts Program, developed the Educational Martial Arts Program for Children with Attention Deficit Disorder
- 1993 First US mens duo team with Dan Passerini, IJJF World Games, Denmark
- 1995 Appeared on Newtons Apples program, Minneapolis Minnesota
- 1996 Awarded the title of Shihan by Hanshi George Anderson and the board of the Kwamukan
- 1996 Sent the 2nd American duo team to the IJJF world championships in France (Lou Begue & John Novak)
- 1998 Hosted the USA Karate Federation National Championships in Canton, Ohio
- 1999 Published The Kids Book of Karate, Workman Publishing, New York (March)

CONTRIBUTIONS TO AMERICAN JUJUTSU

- 1990: Served as an American Ambassador to the IJJF for the USJJF to secure the official IJJF- NGB status for the USJJF. This was the first US connection to IJJF in an official capacity.
- 1990: Appointed the first President of the newly formed USJJF NGB.
- 1990: Began incorporating the duo format as part of the regular training for jujutsu classes at the Canton dojo.
- 1992: Hosted the first USJJF tournament in the United States in Canton Ohio. Many of the members of the current Canadian JJF attended this event (Pat Barton, Ron Rasicoh and Ron Yamanaka included).
- 1992: Volunteered as the first President of the North American Ju-Jitsu Union (USA and Canada)
- 1993: Competed on the first US men's duo team with Dan Passerini in Copenhagen, Denmark at the IJJF World Games.
- 1994: Hosted, in concert with others, a US tour of the 1993 Swedish World Champion duo team from Hans Gregers dojo in Stockholm. This provided broader exposure of the duo method to the states.
- 1995: Hosted a second US-Canadian open in Kobudo and Jujutsu in Canton, Ohio
- 1996: Trained and funded a second American men's duo team to compete in the IJJF world Championships in France.
- 1997: Completed term as USJJF President, chose not to run again, and Mike Paiser voted in.
- 1999: Mike Paiser resigns Presidency, and Bruce Bethers elected by unanimous vote.
- 1999: Served as a delegate to first meeting of USJJF, CJJF, IJJF and delegates from Mexico at the University of Akron. North American JJ Union re-established with Mexico, and Bruce Bethers voted as President. Agreed to host 2000 USJJF Nationals in Canton, Ohio
- 1999: Agreed to serve as USJJF National Duo Coach

- 1999: Instructed at USJJF Winter Camp and attended Board meeting in Reno, Nevada
- 2000: Hosted the USJJF Nationals and Continental Union Championships in Canton, Ohio (July 2000)
- 2000: Instructed at the USJJF Summer Camp, Springdale Arkansas (August 2000)
- 2000: Instructed at USJJ of Ohio Fall Camp in Columbus, Ohio at Bo Kimlys dojo and Ohio State University.
- 2001: Instructed at the USJJF Winter Camp in New Orleans, LA (January 2001)