WIIF WIIKO



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JU JITSU NEWS Kai-shi

Monthly Bulletin August 2017 by co founder of the "Wjjf/Wjjko 1976" HQ Via Sismondi 22, 20124 Milano Italy, +39 335220954, wjjko@publicationspromotion.it CONTAINS

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We are the Federation!

Those of us who knew Soke Clark very well, remember fondly the proud way in which he said the words 'our Federation'. His humility was clear, although he was the one who 'made' the Federation, along with our Shike (Imoto Kaigi) Giacomo Spartaco Bertoletti. The word 'Federation' can be found on our logo, it is written across our chests on our uniforms, woven into our badges, printed on our grading certificates and coaching qualifications - and greatest of all – it is engraved into our hearts.

However - what does it mean in English?

Federation:a noun of action from Latin foederare "league together," -a federated body formed by a number of nations, states, societies, unions, etc., each retaining control of its own internal affairs.

It is interesting - I am an English Language and Literature graduate but I had never heard the term 'noun of action' in all my study. However it is so fitting and, with the knowledge of how our group has been brought about, defines it

Samurai World, a simple club in Liverpool, developed into a worldwide Federation of linked but autonomous groups, following action - true grit and determination by Soke Clark and his partner of 40 years Shike Bertoletti.

Many years of travel by the pair, building relationships, negotiating and co-operating has brought us to this point - of being a highly successful international organisation - many say the most successful in the world. Thankfully the charismatic Shike Bertoletti, with his excellent lineage of martial arts connections and continuing good relations with our country representatives is still a solid, hard-working figure-head to advise and support the current executive commit-

As the years have progressed, of course new terms have come into play to constitute groups. In 2005, for example, the government brought in the ability for social enterprises to register as a 'Community Interest Company' - groups who are concerned only with a specific remit for their immediate local community, and not-for-profit. But given its long history, and the deep friendship of the two leaders involved - World Ju-Jitsu Federation and World Ju-Jitsu Kobudo Organisation (the international Governing Body) had originally worked in partnership for many years without formalisation. The newly constituted WJJF-WJJKO 1976 is a body, formulated on the 40th anniversary of the two groups' success, as a non-profit Federation / International Association, for the express purpose of remembering the action first agreed by Soke Robert Clark and Shike Bertoletti in November of 1976 – once again as an international body - not solely a 'community' or 'single country' enterprise. And so 'the spirit goes on...'

The name perhaps is convoluted - in an effort to acknowledge adequately both our founders' long & hugely successful history - but, that's ok - we do not need to become tongue-tied - we are 'the Federation', just as we always were and just as we should be.

Anne Toney, World Ju-Jitsu Federation (Ireland),

WJJF-WJJKO 1976





HQ WJJKO/WJJF

Fax 0039 02 89879982

WWW.WJJF-WJJKO.COM

Via Sismondi 22 - 20133 Milano Italy Tel. 0039 335220954 - 0039 02 97162878

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https://www.youtube.com/watch?v=qjlQ8SZWNZ4#action=share (Video of Soke Clark talking about 'our Federation'. [for Facebook post]

A woman's perspective on 'Back-to back'/Groundwork or 'grappling'

Many women are unused to ground-fighting which may seem undignified or 'unfeminine'. Being used to practicing grappling can reduce/remove the psychological intimidation factor, freeing you to deal with the more important physical aspects of the attack better.

Groundwork training can be a way for women to understand the pressure factor and learn to cope with it. Panic tends to set in when someone bigger is on top...breathing is difficult...then exhaustion...then -you have a real problem. If you can get used to feeling the pressure...then breathing is better, relaxation can take over and one can actually mentally function under the pressure and be able to think and carry out the techniques you've learned.

Back-to-back is valuable for women because it teaches them endurance and determination, and particularly that they should not consider getting knocked to the ground as the end of the fight. When women realize technique is based on leverage and not strength and that they can do this, they learn quickly and feel good about themselves. Knowing how to manoeuvre on your back, understanding the physics to use angles and speed versus brute strength and, most importantly, understanding that you DO have options that can turn the tide in your favour if you are alert and willing to take advantage of any opportunities that present themselves, can literally mean the difference between surviving and not, in a life-and-death situation.

Ground-work is an important way to learn to apply techniques in different combinations and orientations, from different positions. Women are unlikely to wrestle with friends - unlike guys perhaps - and so lack opportunities to apply techniques. Also being generally smaller/less strong than most men, we can be knocked to the ground more easily, especially in sexually motivated attacks.

In addition to all the same things that men get out of it, Back-to-back training is great for women because it teaches how to fight with men, and it trains women to be tougher. A woman who can defend herself against a larger and stron-













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ger opponent, and neutralize the threat of an attacker, is much less likely to become an unfortunate domestic violence statistic.

Some female students are confident in fighting while on their feet, but the ground work is a whole new experience. Being a female, and considering that a large percent of all fights end up on the ground, it is important to know what to do should you find yourself in that situation. So whether you train in grappling for sport or self defence it is definitely knowledge that all females would benefit from. What's more, Back-to-back is fun, and it gives you an excellent workout!! Grappling promotes confidence where self defence is concerned. Every move is looked at through different aspects, often counter intuitive and that is a skill for life. A lot is to be said for the self control that comes with training, the experience of total power over another or vice versa and the sense to realize that this is training in the case a life-threatening attack ever occurred. This knowledge is priceless for women.

Grappling is mentally challenging, physically beneficial and tremendous fun. We in WJJF Ireland would whole heartedly encourage women to join the art. Hopefully the future will see more women involved and promoted in the sport. Once you give it a try it's easy to see why it can be so addictive.

FIMA WJJF Ireland

Italy

The Federation Wij Italy chaired by Natasha Argia Bertoletti has joined the

Federation of Judo

FIJLKAM (Italian



Lotta Karate and Martial Arts) the federation recognized by the Italian Olympic Committee

Yamabushi 2017

The traditional Yambushi 2017 caboom camp finished.

The camp has been held for 10 years and includes traditional Ochinavian weapons, including KODEN ENSHN RYU. This year, 22 students visited the camp of WJJF / WJJKO in Bulgaria. Under the direction of Shihan Kamen Radev, a number of different training sessions were held on tonfa, jo, ken, sai, kama, nunchaku, katana.

We also paid attention to the basic principles of survival, medical training, alpi-

ne preparation, Chinese medicine, homeopathy and a number of other useful things that are characteristic of the survival system.

At the end of the camp they all successfully defended their KOBUDO degrees.

I hope this traditional camp and the system that we have built for more than 10 years is useful for our colleagues and friends. We would like next year, for this camp to also have international participation.

Shihan Kamen Radev WJJF/WJJKO BULGARIA





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e: Is World Julius, No IBASD (di pegu to Infinity Wull Hall, ASD), Cud Hoff Kaze, 1946, 1736-1757, con sede a Milane In Ya Sismond, 12, roportsentata dal Pesidente Natavra Angla Barruwri , nenirifilira pri Is Larina anasca 'a seda della Will Iraha ASD.

i consundare che la presente Conventione è da intendersi risolta decorso il 30/37/2017

Le parti, a tres, convergenciche l'eventus e prerige di validià della prevente Corvantiono sarà ligga communi replicità acceptatione qualera i suchi funzione e la persegnimento degli oblattivi di cu

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Barca- summer camp

As for every federation Italians and foreigners, when it is the time to promote a martial art event in the context of a small town, just a short distance from Barcelona in the week-end of July, it can be promoted in many ways: via email, posters, social network, or "simply" through a message from Shihan Stefano Draghi where he wondered if I could be interested in this seven-day Spanish trip, as his Uke.

You can imagine my first feeling: was he correct because he contacted me ?..! A few minutes passed and we spoke on the phone to clarify the latest logistic details, then immediately I confirmed it.

I was really happy for a variety of reasons: first of all, the opportunity to give a hand to M ° Draghi to spread the Ju Jitsu of Wjjf / Wjjko and at the same time to train abroad with different disciplines, schools, and styles to increase my martial experience.

The event is the Summer Camp in Castelldefels - Barcelona organized by the World Kobudo Federation Spain, where the landlord Kyoshi Roberto displayed hospitality, kindness, unmatched ..

Everything was well organized, in a very large meeting room set up with about 300sqm tatami divided into 2/3 areas. Masters coming from Austria, Germany, Norway, Belgium, Italy, Greece, Canada and of course Spain where everyone transmitted their knowledge with professionalism and a touch of irony where the common language for some was English, for others a not perfect Spanish. Many of the people with whom I trained, were friendly, helpful, patient, even in having to understand my English (not just from Oxford University!)

Three-hour alternate workouts in the morning, and two hours in the afternoon, trying and trying Ju Jitsu, Bjj, Aikido, Muay Thai schools, with and without GI, and techniques with stick, knife and kobutan.

Obviously there was also some free time for going swimming in the pool or at the beach to relax under a burning sun. Let's imagine what may happen to a part of the body colored in red when it is hit by some atemi waza which come from M ° Draghi!

In the evening, looking for a place to relax, as well as refreshing with a good mojito, to relieve the efforts of the day.

Thanks for the presence at the weekend of the Shiro Tora group from Modena led by Sensei Gianluca Ferretti, Shihan Stefano Draghi for the opportunity granted to me, Kyoshi Roberto for making us feel, in every moment, at home despite the kilometers. Surely a study/vacation experience that I would recommend to everyone, from the martial, social, human point of view .. especially because one third of those present at the summer camp were girls as cute as they were good at their martial art!!...

P.Š. I should have to study English!

International Judo & Ju-Jitsu Camp In Scotland

The International Borders Judo & Ju-Jitsu Summer School returned to Innerleithen, Scotland in August after a 2 year hiatus. And the word is that the course is as good and as enjoyable as it ever was. With numbers at a predictably low level due to its temporary absence, there was still enough Judoka coming from Dundee, Edinburgh, Sheffield, Newcastle, Sunderland, Sheffield and Scarborough to make the event lively enough.

And as befitting a course that has previously received the attention of Kodokan 7th Dan, this year's course was blessed with first class tuition. Led by David Hammond, 5th Dan, the list of instructors was headed up by Bruce R. Bethers, 8th dan, President of USA Traditional Kodokan Judo (USA-TKJ) and United States Ju-Jitsu Federation (USJJF) also included Paul Laverty and Alex Reid, two international kata specialists. The three day event also saw Jason Baird, a now highly experienced international competitor take the tatami.

The Borders Summer School has been running since 2002 and at it's height had over 60 people on the mat. Always blessed with first class instructors, the event has been notable for its relaxed friendly atmosphere and lack of sectarianism, something foisted on Judoka by national leadership of the major national governing bodies. This year, despite edicts being issued to the contrary, there were participants from four organisations on the mat. Smiles all round were evident, as the Judoka retired to the regular watering holes that they had been missing for the previous two years.

The first day of the event opened with David Hammond leading a session that concentrated on body posture, with a look at Ouchi gari in particular. Bruce















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Bethers quickly added his voice to the proceedings as it became evident that the two instructors had similar concepts of technical judo. The afternoon session was taken By Jason Baird, while Bruce, who was attending from the United States, took the afternoon off to see some of the sights of this beautiful part of the world. Jason, who has medalled both nationally and internationally at traditional Kodokan judo events, displayed his smooth newaza techniques.

Day two saw more dovetailing judo instruction from Bruce and David, with sodi-tsuri komi gosh coming under the spotlight as the two exchanged ideas about the self-defence aspects of Judo. On the Saturday afternoon the mat was handed over to Paul Laverty and Alex Reid. The Borders course has always made room for some kata training and in the past has been fortunate enough to benefit from instruction from world kata champions. This was Paul and Alex's first time at the course, however and they did not disappoint. With humour and skill they enthused the group with a whistle stop look at both the nage-nokata and the goshin-jutsu. Hopefully the pair will return next year. Later in the afternoon, Bruce provided added instruction on variations to techniques related to the kata and self defense. The day was rounded off in the evening when the group gathered in a local pub to relax and chat, with the now famed Borders course humour in full swing.

The third and final day was mostly taken up with preparation for and presentation of a Judo For All UK grading. A number of contests were held, with Sheffield's Phil Strutt being promoted to 1st kyu, after a gruelling day of fighting. Three other adults managed to attain the grade of 3rd kyu, with a number of youngsters also gaining new grades.

There was still time for some tuition on the Sunday, however. Inevitably with Dave Hammond instructing, a number of shimewaza techniques were demonstrated, but before that the warm ups brought a mixture of smiles and grimaces as the boom box came out for the Roxanne burpies and the Moby squats.

Israel Summer Camp 2017

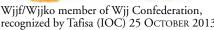
The Summer Camp was organized in Israel last July by Kaicho Amir Barnea, president of WJJF Israel.







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Also this year, the camp had an excellent guest -Shihan Antonio la Salandra (Italy).

The program was extensive, from Brazilian Jiu Jitsu to percussion techniques from Karate full contact and Kick Boxing, up to a very dynamic and realistic knife defence lesson.

About 100 people worked on the tatami in the 3 day seminar.

A great climate of friendship and professionalism has accompanied all the participants that were very pleased.

Shihan Antonio Salandra received a WJJF Israel award from the federation and congratulated Kaicho Amir Barnea for the excellent organization and technical

level of the participants, expressing his willingness to return again next year.



Budapest Suzuki World Championship Judo from 28 August to 3 September 2017 GSB, alias Shike Giacomo Spartaco Bertoletti, was added to the V.I.P. list for the 65th Anniversary of the World Federation, chaired by Dr. Marius L. Vizer.



The Gala, with the presence of the highest authorities of the Hungarian state, was held at the Opera House of Budapest with the presence of more than 650 guests. On this occasion, a 10th dan was presented to the Italian master, Franco Capelletti, chairman of the Technical Commission kata / judo. In the same committee of kata judo was also co-opted GSB, Shike for the historic press / web section.

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The opening of the World Championship, on Monday, August 21, saw the presence of the Tsar Vladimir Putin, honorary Ijf, in addition to the Prime Minister, President of the Russian Federation and the Hungarian Viktor Orban, Prime Minister - In the race 731 athletes - 126 nations - 440 Males and 291 females - \$ 1 million in prizes.

Professionalism pays.... No words, many facts!!

Friendship and training across Ireland's border

"A wee road trip?", - "Sure why not!?"

Myself, Sensei Sam Mitchell and Sensei Shayne Carlin accompanied Kaicho David Toney to Milford Ju Jitsu Club in Donegal for a WJJF Ireland Training Camp on Saturday 26th August, hosted by Sensei Niall Coyle and the Milford Ju Jitsu coaching team.

We were met with over 30 eager students, including one student from Holland and a couple of students from England, enthusiastically looking forward to an in-depth technical training camp, and Kaicho Toney definitely didn't disap-

Students were initially taken through some flexibility and mobility exercises, as Kaicho Toney firmly believes your body is your Ju Jitsu, and without a flexible and supple body your Ju Jitsu will suffer.

Following a number of 'quick kill' self defence techniques, Kaicho Toney moved on to more advanced 4th Dan and 6 Dan techniques, breaking the techniques into their individual components and taking students slowly through the sequences, explaining everything in great detail.

It was evident to see that Kaicho David Toney was in his element, doing what he loves best...teaching the art of Ju Jitsu and passing on his wealth of knowledge. Everyone seemed to feed off his energy, and he commented on more than one occasion that this is what he loved doing most.

The energy was so high that Kaicho Toney kept on teaching well past the original finishing time. At the end of the course, Sensei Niall Coyle and Sensei Darren Nash were presented with certificates as part of their coaching update.

Following the training course we were taken out for a lovely meal in the Travellers' Inn in Milford, before the long journey back home.

Everyone from the youngest to the oldest, and from yellow belt to 4th Dan thoroughly enjoyed themselves, and they are all eagerly looking forward to the next training camp...which is a testament to Kaicho David Toney's coaching ability and the spirit of the Federation in Ireland.

Sensei Kevin McCloskey, WJJF Carrickfergus Ju-Jitsu Club [Photos courtesy of Sensei McCloskey and Sensei Sam Mitchell]







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Sensei Niall Coyle and Sensei Darren Nash receive their Coaching Update certificate

Kaicho Toney demonstrates technique on the Dojo's Sensei Shayne Carlin





*On behalf of WJJF Ireland we would like to add that Kaicho Toney gave over the mats to each of the accompanying instructors to demonstrate their skill and share knowledge. Sensei McCloskey has been in the organisation for over 30 years, with a wealth of knowledge to impart, with Sensei Sam ably volunteering in his club and on the WJJF Ireland Examination team. Sensei Shayne was a former head coach of Ballymena Ju-Jitsu Club, and returned to the fold, as a very popular member of Kaicho's Toney's Coaching Team for the Dojo Headquarters. All were very well-received and brought an extra dimension to the course, so we would like to express our thanks to them for giving up their time.

International Calendar

29-30 September and 1 October Gaeta Italy stage Fesik-Koden Enshin Ryu

6-8 October Germany Schwabisch Gmund

27-29 October Budapest Hungary seminar ju jitsu

3-4 November: Bruxelles stage organized by Kyoshi Charles

5 November: Holland stage organized by Shihan Dirk Klok

20 November - 4 December Misk Belarus 7th international

Martial Arts Games

9-10 December Hungary Koden seminar





23.9. FRIDAY 13.00-14.50 Lunch 13.00-14.50 Training 20.30 Dinner 24.9. SATURDAY

10 - 16.20 training

13.00 leach

During the breaks it is possible to exist
and enjoy the hatels private beach
20.00 GM.A.

09:30-12:00 Training 13:00 Lunch End of sentinor







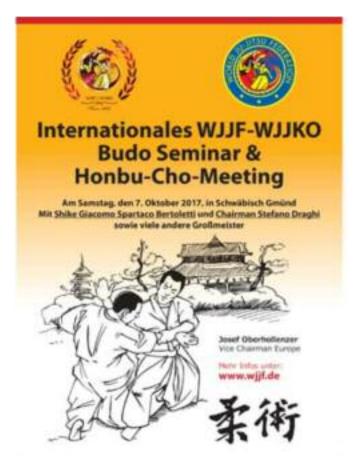
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WORLD JU JITSU FEDERATION Germany



Invitation to the international WJJF / WJJKO budo seminar in Schwäbisch Gmünd

location: Großsporthalle, Katharinenstraße 33

73525 Schwäbisch Gmünd

date: Saturday, 7th October 2017

training time: from 9:30 am to 5:00 pm

(including breaks)



WORLD JU JITSU FEDERATION Germany



referees:

- Imoto Kaigi Shike Giacomo Spartaco Bertoletti WJJF/ WJJKO 9. Dan
- Hanshi Rainer Grytt 9. Dan
- Chairman WJJF/WJJKO Shihan Stefano Draghi 7.Dan
- as well as a lot more grandmasters and referees

participants:

- children from 12 years up (not less than the 4. Kyu), and youth / adults.
- the budo seminar is open to all associations.







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seminar fee and performance:

	daily visitors / non-members	Mitglieder WIJF/WIJKO	option 1	option 2	option 3
children/youth	50€	30 €	44 €	included	included
adults	50 €	40 €	54 €	included	included
	only Seminar	only seminar	seminar dinner	sominar dinner 1 overnight stay breakfast	seminar dinner 2 ovemight stays breakfast
single room	777	-		144 €	224 €
double room	-			238 €	348 (



WORLD JU JITSU FEDERATION Deutschland e.V.



registration deadline option 2 and 3: 28th August 2017 registration deadline daily visitors: 16th September 2017

Please transfer the seminar fees to the following account no later than the particular registration deadlines:

payee: WJJF-D e.V.

IBAN: DE42 6105 0000 0005 0094 84

BIC: GOPSDE6GXXX

reference: Lehrgangsgebühren Okt. 17 + name of the participant(s)



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accommodation: hotel Fortuna**** Schwäbisch Gmünd (including breakfast buffet and using the spa area). The registration ist binding, if there is an inability to come a substitute person can take the place. Please write your age in case of registration. There will be the possibility for children and youth to stay over night in the gym for 8.- € per night. For further information, please contact the branch office of the WJJF Germany (Mr. Dieter Ritter).

You will find further information about the seminar on www.wjjf.de

The WIJF-D /WIJKO wishes a good journey.

No insurance is granted!